# **HOT BEVERAGES**

| Coffee espresso, macchiato, ristretto long black, cappuccino, latte, flat white, chai latte mocha, hot chocolate                 | 3<br>cup 3.7 / mug 4.7<br>mug 4.7 |
|--|-----------------------------------|
| Extra<br>Zymill lactose free milk, extra shot coffee<br>Almond milk<br>Bonsoy  | + 0.50<br>+1<br>+1                |
| Flavours extra shot vanilla, hazelnut, caramel - flavours  | + 0.50                            |
| <b>Tea</b><br>Selection of Tea Drop Blends   | 4.20                              |
| English Breakfast / Supreme Earl Grey / Honeydew Green<br>Cleopatra Champagne / Malabar Chai / Peppermint<br>Lemongrass & Ginger |                                   |

| COLD BEVERAGES  |                         |
|---|-------------------------|
| Frappes Blended w ice and juice: Banana, mixed berries or mango flavours Exotic - Mixed berries, banana, passionfruit & mango   | 7                       |
| Milkshakes<br>Chocolate, strawberry, vanilla, caramel   | 5                       |
| Thickshakes<br>Chocolate, strawberry, vanilla, caramel  | 6                       |
| Smoothies Banana - Honey, ice cream & milk Mixed Berries - Honey, ice cream & milk Mango - Honey, ice cream & milk Wil Shake - Banana, mixed berries, protein, ice cream & milk Summer - Strawberry, banana, yoghurt, almond milk | 7<br>7<br>7<br>7.5<br>8 |
| Non-Dairy Smoothies Flip Out - Tropical juice, passionfruit & mango Yogo - Tropical juice, strawberries, mango & banana Greenie - Pineapple, spinach, mango, banana, ice & coconut water  | 7<br>7<br>8             |
| Iced Drinks Ice Chocolate - Chocolate syrup, ice cream & milk Ice Coffee - Espresso coffee, ice cream & milk Ice Latte - Coffee, vanilla syrup, ice & milk  | 5                       |
| Bottled Drinks<br>Cascade Ginger Beer   | 4.7                     |
| Cascade Apple Isle<br>Coke, Diet Coke, Coke Zero, Sprite, Lift  | 4.3                     |
| By the Glass Lemon, Lime and Bitters Soda and Lime Lemonade Coke  | 3.5                     |
| Sparkling Water 500ml Beloka Australian Snowy Moutains  | 6                       |
| Ice Tea<br>Lemon, Green, Peach  | 4.7                     |

|   | PRESSED JUICE   |     |
|---|---|-----|
|   | Freshly Pressed Juice Choose your own mix from: Oranges, apple, celery, watermelon, pineapple, tomato, ginger & mint  | 7.5 |
|   | Exotic Juices Minty Juice - Apple, mint & lime Vitamin Juice - Beetroot, carrot, red grapes, lemon, turmeric EQ Juice - Orange, apple, passionfruit Energy Juice - Carrot, apple, orange & ginger | 7.5 |
| i | Green envy- cucumber, kale, celery, apple & pineapple   | :   |

# BEER + CIDER

| Beer on Tap<br>Asahi<br>Yenda<br>Pressman Apple Cider  | 7.5                    |
|--|------------------------|
| Domestic Beer James Boags Premium Melbourne Bitter Cascade Light   | 7<br>7<br>6            |
| Imported Beer<br>Corona (Mexico)<br>Peroni Lager (Italy)   | 7.5<br>8               |
| Australian Craft Beer Pact Pale Ale - ACT Feral Hop Hog American IPA - WA 4Pines Kolsch German Style Lager Golden Ale - NSW Dos Blockos Pale Lager - VIC | 8<br>8.5<br>8.5<br>8.5 |
| Cider<br>Somersby Blackberry<br>Endless Apple<br>Somersby Pear Cider   | 8.5<br>8<br>7.5        |

**SPIRITS** ALL 8

Jim Beam / Johnny Walker Black / Jack Daniels / Bacardi / Bundaberg Red Rum

Bombay Sapphire Gin / Absolut Vodka / Midor / Baileys / Kahlua / Southern Comfort

| WINE  | G/B              |
|---|------------------|
| Sparkling Wine Barnsworth Sparkling - SA  | 8 /30            |
| Le Chat Noir - France   | 38               |
| <b>White Wine</b> Miritu Sauvignon Blanc - NZ                                   | 8 /30            |
| Quealy Pinot Grigio - VIC<br>Nick O'Leary Riesling - ACT                        | 8.5 /32<br>9 /43 |
| Bourke St Chardonnay - ACT<br>Moscato - VIC                                     | 9 /41<br>8 /30   |
| Red Wine  |                  |
| Waihopai Pinot Noir - NZ<br>Shaw Winemakers Merlot - ACT                        | 8 /30<br>8 /30   |
| Clare Hill Cabernet Merlot - SA   | 8 /30            |
| Mallaluka Reserve Cabernet Sauvignon - ACT<br>Torbreck Woodcutter's Shiraz - SA | 9 /39<br>9 /43   |
|   |                  |







EQUINOX BUSINESS PARK 70 KENT ST DEAKIN ACT 2600 (02) 6161 1666

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## Breakfast

Monday to Friday 6.30am until 11am Saturday all day until 2.30pm

| <b>Toasted EQ Bakehouse Artisan Bread (V)</b> Choose from white sourdough, multigrain sourdough, raisin bread or our own gluten free rolls   | 4.9             |
|--|-----------------|
| Spread options are seasonal jam, nutella and vegemite  |                 |
| Pancakes (V) Brownie and buttermilk pancakes, honeycomb, whipped anglaise, rhubarb and spiced caramel sauce  | 17              |
| Breakfast Wrap (df) Crispy pork belly, fried eggs, avocado, chilli jam, baby spinach w smoked garlic aioli   | 16              |
| Belgium Waffles Belgium waffles passionfruit curd, coconut marscapone and meringue mess  | 16              |
| Omelette Free range eggs, peas, double smoked speck, kale & buffalo mozzarella w a side of sourdough toast   | 18              |
| Muesli House Made (V) Our own honey and cinnamon toasted muesli, toasted almonds, flax seed, sunflower, pumpkin seeds, black chia seeds, dried pear, cranberries and toasted coconut served w vanilla yoghurt & fresh banana | 12              |
| Eggs Benny Two soft poached eggs on artisan toast w hollandaise sauce your choice of: - semi-cured pork belly - cavolo nero spinach & wild mushrooms - grandfathers ham  | 18              |
| Avocado Toast (V) Crushed avocadoes, sourdough toast, crumbed Bulgarian fetta & fresh lemon w1 poached egg +\$2 w2 poached eggs +\$4   | 15              |
| <b>EQ Breakfast</b> 2 soft poached eggs, avocado, grilled chorizo, potato rosti, rocket & red pepper compote w sourdough toast   | 18              |
| Egg & Bacon Roll Two fried eggs, grilled bacon, chilli jam, on brioche bun w/ tomato or bbq sauce  | 10              |
| Shakshouka (v) Free range eggs baked in a harissa spiced tomato & capsicum sauce, preserved lemon yoghurt & multigrain artisan bread   | 17              |
| Brekkie Bowl  House made hummus, grilled sweet potato, avocado slices, toasted seeds, fresh bocconcini, gravlax salmon, olive oil, fresh lemon, crispy kale & multigrain artisan brea  | <b>18</b><br>ad |
| Zone Breakfast 'Paleo' (gf) 2 poached eggs, avocado, bacon, sautéed mushrooms, grilled tomato & wilted baby spinach. Toast optional  | 20              |
| Freshly - Cut Seasonal Fruit (V) (GF) Cut seasonal fresh fruit topped w vanilla bean yoghurt and granola   | 10              |
| Two Free Range Eggs on Toast (V) Poached, scrambled or sunny side up on sourdough or multi grain toast   | 11              |
| Breakfast Sides  |                 |

| Sweet Pepper Compote, Chilli Jam or Hollandaise                                  | 2 |
|--|---|
| Avocado, Mushroom, Baby Spinach, Roasted Tomato, Potato Rosti or Grilled Chorizo | 4 |
| Grilled Bacon or Cured King Salmon   | 5 |

# Fresh Pastries from our Bakery

| Plain croissant Plain croissant        | 3.5 |
|--|-----|
| Chocolate croissant                    |     |
| Custard filled Danish (seasonal fruit) |     |
| Pastry snails (custard & sultanas)     |     |
| Almond projector                       | E   |

### Lunch Menu

Lunch Menu 12pm till 2:30pm Saturday Menu on Blackboard

# Shared plates to start

| House made Hummus (v) House made hummus served w preserved to a fresh crusty EQ Artisan bread | emon yoghurt      |   |
|---|-------------------|---|
| <b>Tequila Chicken Wings(df)</b> Crispy chicken wings coated in a sweet tequ                  | uila sauce        | • |
| Cacciatorini (df)<br>Rustic cacciatorini salami w EQ Bakehouse a                              | artisan bread     | • |
| Arancini Balls (v) Sundried tomato zucchini & fetta risotto ball                              | 13 ls w aioli (5) | ì |

### Salads

Braised Lamb Salad

| Smokey braised lamb shoulder, pearl cous, toasted cauliflower, rocket, local pomegranate, seeds, shaved fennel, Bulgarian fetta & preserved lemon dressing, crispy sumac flat-bread                     |    |
|---|----|
| <b>Grilled Chicken Salad (gf)</b> Warm grilled chicken fillets, crispy smoked speck, fresh pears, hazelnuts, fresh witlof, shaved fennel, feta, rocket, olive oil & caramelised balsamic dressing       | 21 |
| Sweet Potato & Quinoa (v) Grilled sweet potato, coloured quinoa, baby kale leaves, red witlof, baby spinach, poached egg, buffalo bocconcini w a blood orange vinaigrette and topped w crunchy seed mix | 19 |

# Burgers

No split bills please.

| <b>Chicken Caesar Burger</b> Grilled chicken breast fillet, pancetta, fried egg, parmesan cheese, baby cos lettuce w house made Caesar mayo dressing on a brioche bun served w chips | 20 |
|--|----|
| Wagyu Beef Burger 100% wagyu beef pattie, beetroot relish, iceberg lettuce, tomato, swiss cheese, w dijon mustard mayo on a brioche bun served w chips                               | 20 |
| Smoked Lamb Roll (df) House hickory smoked & cured lamb shoulder, fresh tabouli, garlic aioli on a long roll served w chips  | 20 |
| Vegetable Burger (V) Grilled marinated eggplant, crispy haloumi, chickpea puree, iceberg lettuce, tomato on a brioche roll served w chips  | 18 |

(V) = vegetarian (GF) = gluten free (DF) = dairy free Clients w specific dietary requirements please advise the kitchen

# EQ CAFÉ & LOUNGE FUNCTIONS

We can create a truly memorable experience for your next function. From large scale parties through to intimate celebrations, EQ offers comprehensive event packages that highlight each unique space paired with creative foods offerings and beverage options.

Go to our website EQCAFE.COM.AU or enquire within.

#### Mains

| Lemon and black pepper dusted calamari strips, rocket, tomato & cucumber salsa topped w honey mustard dressing   | 21 |
|--|----|
| Pork Belly Curry (gf) Twice cooked pork belly, coconut red curry, aromatic basmati rice, thai basil, fresh chilli, green shallots                            | 21 |
| <b>Bouillabaisse</b> Crispy soft-shell crab, wilted spinach, chorizo, tarrgaon scented sweet corn veloute served with crispy bread                           | 24 |
| <b>Barramundi (gf)</b> Wild grilled Barramundi fillet, celeriac remoulade, asparagus, rosemary kipfler, apple cider hollandaise                              | 25 |
| Slow-cooked Lamb Slow cooked Lamb shoulder pressed with Hazelnut and Dukkah crust, mint pearls, grilled Haloumi, grilled eggplant & braising reduction sauce | 24 |
| Fish & Chips<br>Smooth dory fillets in crispy beer batter, served w chips, salad & lime aioli  | 24 |
| <b>Beef Cheek Risotto</b> Slow- braised beef cheek, sundried tomato, shaved fennel, wild mushroom and sugar snap   | 23 |
| Chicken Linguine Tender chicken pieces, roasted sweet potatoes, baby spinach, dried cranberries, crème fraiche   | 22 |

## Sides

21

| <b>EQ Own Seasoned Cut Chips</b> EQ house made seasoning & lime aioli | ( |
|---|---|
| Garden Salad<br>Served w balsamic vinegar                             | 7 |

| Dessert from our Patisserie                                |    |
|--|----|
| Strawberry & custard tartlet                               | 6  |
| Lemon & meringue tartlet                                   | 6  |
| Vanilla brulée   | 6  |
| Blueberry tartlet w yoghurt custard                        | 6  |
| Baked lemon tartlet  | 6  |
| Belgium Chocolate tart                                     | 6  |
| Chocolate brownie  | 6  |
| Italian cannoli  | 6  |
| Pistachio & chocolate gateaux (GF)                         | 6  |
| Cheese platter 3 varieties of cheese served w lavosh bread | 15 |
| :  | :  |

Need a cake for a special occasion? Red Velvet, Gateau St Honore and more... Talk to us today!

All pastries and breads are made at the Bakehouse.

